



First Aider Job Description

A Rugby League volunteer first aider is responsible for providing immediate medical care to players during matches and training sessions, assessing injuries, administering basic first aid as needed, coordinating with emergency services when necessary, and ensuring their first aid qualifications are up-to-date with a specific focus on rugby-related injuries, all while prioritising player safety and welfare within the guidelines set by the club and relevant governing bodies.

Key responsibilities:

On-field assessment and treatment:

Promptly assess injuries during matches and training, providing initial first aid treatment like wound care, immobilisation, and basic airway management as required.

Concussion management:

Recognise potential concussion symptoms and follow established protocols for head injury evaluation and management.

Emergency response:

Immediately call for emergency medical services when necessary and facilitate their access to the injured player.

Communication:

Clearly communicate with players, coaches, referees, and other medical personnel regarding injuries and treatment plans.

Record keeping:

Maintain accurate documentation of injuries, treatment provided, and relevant details for reporting purposes.

Training and qualifications:

Ensure current certification in a recognised sports first aid course, including specific rugby league injury management protocols.

Player welfare:

Advocate for player safety by identifying potential hazards on the field and promoting safe playing practices.

Collaboration:

Work closely with the club's medical team, coaches, and management to maintain a safe playing environment and support player well-being.

Required skills and attributes:

- Strong first aid knowledge and practical skills
- Ability to make quick decisions under pressure
- Excellent communication and interpersonal skills
- Awareness of rugby league specific injuries and treatment protocols
- Commitment to continuing professional development (CPD) in sports first aid

Important considerations:

Specific course requirements:

Depending on the league or club, a designated rugby league first aid course may be mandatory.

DBS checks:

May need to undergo a Disclosure and Barring Service (DBS) check to work with vulnerable individuals.

Safeguarding training:

Familiarity with child safeguarding procedures, especially when working with youth teams.